P.G. DIPLOMA EXAMINATION

SCHOOL COUNSELLING

APRIL 2021 EXAMINATION

&

APRIL 2020 ARREAR EXAMINATION

Non-Semester

UNDERSTANDING SCHOOL ECOSYSTEM

(2016 onwards)

Duration: 3 Hours

Maximum : 75 Marks

Part A

 $(10 \times 2 = 20)$

- 1. Define school environment.
- 2. List out the types of stakeholders.
- 3. What do you mean by academic performance?
- 4. What is meant by child friendly practices?
- 5. Write a short note on positive discipline.
- 6. What do you mean by UNCRC?
- 7. What are the objectives of right to education?
- 8. List out the strategies to improve the functions of PTA.

- 9. Write the issues relating to the performance.
- 10. Define Psychosocial environment.

Part B (5 × 5 = 25)

Answer **all** questions.

11. (a) Explain the role of 'School and System'.

 \mathbf{Or}

- (b) Describe the measurement and challenges in school system.
- 12. (a) Discuss the concept and its importance of stakeholders.

Or

- (b) Explain the challenges involved in the participation.
- 13. (a) Discuss the drivers of academic performance.

Or

- (b) Describe the building blocks of positive discipline.
- 14. (a) Explain the functions of PTA.

Or

- (b) Discuss the child friendly school.
- 15. (a) Describe the role of stakeholders in the promotion and protection of the rights of education.

Or

(b) Explain the rights violations.

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Answer **all** questions.

16. (a) Discuss the trends and challenges in education.

Or

- (b) Describe the strategies to enhance the academic performance.
- 17. (a) Explain the challenges involved in the partnership and strategies to improve the functions of the associated.

Or

- (b) Discuss the objectives and salient features of right to education.
- 18. (a) Explain the concept of rights and duties of children.

 \mathbf{Or}

(b) Describe the United Nations convention on the rights of children.

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P.G. DIPLOMA EXAMINATION, APRIL 2021

SCHOOL COUNSELLING

APRIL 2021 EXAMINATION

&

APRIL 2020 ARREAR EXAMINATION

Non-Semester

BASICS OF HUMAN BEHAVIOUR

(2016 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

 $(10 \times 2 = 20)$

- 1. What are the functions of Brain?
- 2. Define higher mental process.
- 3. Write the concept of behaviour.
- 4. Define : Cognitive triad.
- 5. Define personality.
- 6. What is meant by personality trait?
- 7. Define Arousal.
- 8. Write short note on Incentive.

- 9. What is meant by prejudice?
- 10. Define conformity.

Answer **all** questions.

11. (a) Describe the Neuron Basic structure.

 \mathbf{Or}

- (b) What are the functions of Neuro Transmitters?
- 12. (a) Describe the basic assumptions of human behaviour.

Or

- (b) Distinguish between feelings and actions.
- 13. (a) Write the concept of personality.

Or

- (b) Distinguish between Introvert and Extrovert of personality behaviour.
- 14. (a) Describe the concept and approaches to motivation.

Or

- (b) Explain the types and range of emotions.
- 15. (a) Differentiate between prejudice and discrimination.

Or

(b) How will you develop in healthy relationship to the society?

 $\mathbf{2}$

Answer **all** questions.

16. (a) Describe the structure and functions of brain.

Or

- (b) Explaining classical conditioning theories of learning and it's educational implications.
- 17. (a) Describe the different types of personality.

Or

- (b) Explain the cognitive and needs approach to motivation.
- 18. (a) Describe the foundations of prejudice.

Or

(b) What is the concept of prejudice? And how will you reducing the consequences of prejudice?

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P.G. DIPLOMA EXAMINATION

SCHOOL COUNSELLING

APRIL 2021 EXAMINATION

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APRIL 2020 ARREAR EXAMINATION

Non-Semester

INTRODUCTION TO MENTAL HEALTH

(2016 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

 $(10 \times 2 = 20)$

- 1. What is mind?
- 2. Define : Abnormality.
- 3. What do you mean by resilence?
- 4. Give the relations between resilence and mental health.
- 5. State the concept of religion.
- 6. What are spiritual determinants?
- 7. What do you mean by poverty?
- 8. Who are stressors?

- 9. Write the objectives of mental health.
- 10. How to prevent the mental health problems?

Answer all questions.

11. (a) Discuss the connection between mind and body.

Or

- (b) List out the importance of mental health.
- 12. (a) Describe the concept of positive mental health.

Or

- (b) List the habits that promote mental health.
- 13. (a) Elaborate the role of religion in mental health.

Or

- (b) Write the impacts of Religions practices on mental health.
- 14. (a) Give the relationship between poverty and mental health.

Or

- (b) Explain the concept of stress.
- 15. (a) Discuss the primary type of Mental health problems.

Or

(b) How will you promote mental health?

 $\mathbf{2}$

Part C $(3 \times 10 = 30)$

Answer **all** questions.

16. (a) Describe the physiological correlation of mental well-being.

Or

- (b) What are the indicators of mental health? Explain it.
- 17. (a) Discuss the assessment of risk and protective factors of mental health.

 \mathbf{Or}

- (b) Elaborate the determinants of mental health.
- 18. (a) List out the strategies to reduce the academic stress.

Or

(b) Discuss about the mental health problems.

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SCHOOL COUNSELLING

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Non-Semester

MENTAL HEALTH PROBLEMS OF CHILDREN AND ADOLESCENT

(2016 onwards)

Duration: 3 Hours

Maximum : 75 Marks

Part A

 $(10 \times 2 = 20)$

- 1. What is the concept of mental disorders?
- 2. What are the major types of mental disorders?
- 3. Define childhood development.
- 4. Define ADHD.
- 5. What are the concept of adolescent?
- 6. What is the role of family in the life of addescents?
- 7. List out the any two personality disorders.

- 8. What are the types of disorders?
- 9. What are the process of social mental health programme?
- 10. Write any two practices of school mental health program.

Part B (5 × 5 = 25)

Answer **all** questions.

11. (a) Describe the mental health problems.

Or

- (b) Enumerate the Myths and misconceptious of mental disorders.
- 12. (a) Explain the concept of development psychology.

Or

- (b) Explain the psychological and social hazards of childhood.
- 13. (a) What are the problems of adolescents?

Or

(b) Write the salient features of adolescents?

14. (a) Describe the mental disorders of adolescents.

Or

- (b) Discuss the eating disorders.
- 15. (a) What are the challenges of school mental health programme?

 \mathbf{Or}

(b) Describe the process and practices of school mental health programme.

 $\mathbf{2}$

Answer **all** questions.

16. (a) Describe the determinants of mental health.

Or

- (b) Discuss the common mental health problems of children and adolescents.
- 17. (a) Describe the social hazards of childhood.

Or

- (b) Explain the learning disorders.
- 18. (a) Enumerate the adolescence as a period of change and stress.

 \mathbf{Or}

(b) Describe the school mental health programme.

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Non-Semester

FUNDAMENTALS OF COUNSELLING

(2016 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

 $(10 \times 2 = 20)$

- 1. How do understand human behaviour?
- 2. What are the assumptions about behaviour?
- 3. Define counselling.
- 4. State the objective of counselling.
- 5. Define Genuineness.
- 6. What is empathy?
- 7. Name the counselling responses.
- 8. What is evaluative responses?

- 9. What are basic counselling skills?
- 10. List out the ethics of practicing in counselling.

Answer all questions.

11. (a) Explain the concept of behaviour.

Or

- (b) Describe the connection between thoughts and behaviour.
- 12. (a) Justify the need for counselling.

Or

- (b) Differentiate the advice from counselling.
- 13. (a) Write the importance of therapeutic relationship.

Or

- (b) Give a note on 'Relationship Pyramid'.
- 14. (a) List out the responsibilities of counsellor.

Or

- (b) Discuss the supportive responses in counselling.
- 15. (a) Explain the problem solving skill.

Or

(b) Elaborate the attributes of an effective counsellor.

Part C

 $(3 \times 10 = 30)$

Answer all questions.

16. (a) Discuss about the feelings and behaviour.

 \mathbf{Or}

(b) Describe the approaches in counselling.

 $\mathbf{2}$

17. (a) Explain the conditions that facilitate therapeutic relationship.

Or

- (b) Briefly discuss about the counselling process.
- 18. (a) Give a brief note on counselling responses.

 \mathbf{Or}

(b) Discuss in detail about any three basic counselling skills.

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APRIL 2021 EXAMINATION

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APRIL 2020 ARREAR EXAMINATION

Non-Semester

EDUCATIONAL PSYCHOLOGY

(2016 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

 $(10 \times 2 = 20)$

- 1. Define : Educational Psychology.
- 2. What is psychodynamics?
- 3. Define : Cognition.
- 4. What do you mean by metacognition?
- 5. What is learning?
- 6. Give a note on school adjustment.
- 7. Define : Behaviour.
- 8. Write a note on 'Group Dynamics'.
- 9. What is Mental health?
- 10. What do you mean by mental hygiene?

Answer **all** questions.

11. (a) Write the contribution of various schools of psychology.

Or

- (b) Explain the scope of educational psychology.
- 12. (a) List out the educational implications of learning.

Or

- (b) Describe the social learning.
- 13. (a) Give the relationships between teachers and children.

Or

- (b) Discuss the gender issues in the classroom.
- 14. (a) How can you identify the behaviour problem?

Or

- (b) How will you identify the antecedents and consequences?
- 15. (a) Write about the mental health status of Indian Children.

Or

(b) Briefly discuss the concept and importance of mental hygiene.

 $\mathbf{2}$

Answer **all** questions.

16. (a) Write the contribution of educational psychology to the teaching process.

Or

- (b) Describe the social constructivist theories.
- 17. (a) Explain the teaching processes in elementary and secondary education.

Or

- (b) Discuss the problems and approaches to managing classroom behaviour.
- 18. (a) Give the techniques of managing the group.

Or

(b) Discuss the conflict resolution and management in mental hygiene.

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